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# COVID-19 Response and Support Hub

During these unprecedented times, The Flowhession Foundation is working on a virtual response to the crisis. Following requests from our stakeholders, partners and service users we are in the process of:

- ▶ Creating a suite of free bespoke short Urdu and English videos that south-asian communities across Greater Manchester can view to learn more about managing anxiety, healthy exercise and home routines during the lockdown. These will be available to download from our website shortly.
- ▶ Working with Greater Manchester's complex safeguarding hub to provide free advice and guidance to frontline social workers and other professionals on how to best engage with south-asian communities in these difficult times.
- ▶ Delivered free Tablets to our most vulnerable service users so that we can keep in touch with them and they can keep in touch with loved ones.

We are also providing the following COVID19 support services to communities:

- ▶ A dedicated team of professional Counsellors
- ▶ Experienced call handlers to give financial advice, faith based support, help translating/ interpreting, completing key forms etc.

**To receive or arrange support:**  
**Contact our COVID19 response hub coordinator:**  
**Saiqa Ellahi 07771415896 or email:**  
**[covid19.support@flowhessionfoundation.org.uk](mailto:covid19.support@flowhessionfoundation.org.uk)**

PROFESSIONAL  
COUNSELLORS

EXPERIENCED  
CALL HANDLERS

RECEIVE UPDATES  
& SUPPORT

Thanks to our partners and sponsors

