



Could you be a Q Volunteer?

Do you enjoy meeting new people? Would you like to make a difference in your local community?

North West Ambulance Service is looking for volunteers (aged 18+) to provide support to individuals who contact 999 frequently. They may make the calls because they're lonely, feel vulnerable and see dialling 999 as their only option.

The role of the Q Volunteer is to support and work with individuals to increase their knowledge, skills and confidence in managing their care and improving wellbeing.

It is expected that you will meet with each individual for up to eight sessions only but we encourage a commitment to the volunteer role for at least four months.

Empathy, confidentiality and a non-judgemental approach will be essential and mentoring and coaching skills will be a huge bonus.

Volunteers will be given training and ongoing support for the role.



Interested?

Contact Trudi Jackson for information about how to apply.

Q.volunteering@nwas.nhs.uk